

Short Communication

Primary Health Care of Autism Children

Humeraha Nazneen

Nizam College, Osmania University, Hyderabad, Telangana, India

Autism is a neurological developmental incapacity that hampers ordinary brain development, affecting communication, social interaction, cognition, and behavior. Autism is known as a spectrum ailment due to the fact its signs and symptoms and characteristics appear in a ramification of combos that affect youngsters in exclusive methods. Some kids may also have extreme demanding situations and would need assist whilst others may be capable of manage their obligations independently, with less help. Earlier, every condition (autistic ailment, pervasive developmental ailment now not otherwise targeted (pdd-nos), and Asperger syndrome) turned into recognized separately but now, those situations are grouped collectively and are referred to as autism spectrum disorder. The earliest sign of autism in children is the postponed accomplishment of social expertise achievements, including joint consideration, social arranging, and imagine play. Language debilitation is a typical, however less explicit, indication of mental imbalance. Redundant practices and limited interests may not be noted until after social expertise and correspondence impedances are displayed. The early indications of autism can be seen during the initial three years of a kid's life. These signs may differ from being mellow, moderate, to serious. Additionally, the signs may shift starting with one youngster then onto the next, and may change as the kid develops.

A youngster with serious psychological disability and engine abilities may likewise create epilepsy. Be that as it may, a particular arrangement of practices are pointers of the condition. The following traits can be observed in a child during the physiological and psychological developmental phase. Other conditions like mental retardation, hyperactivity, motor difficulties, seizures, learning disability, hearing or visual impairment may co-exist with autism. Children with autism may have some of these difficulties like have critical troubles in framing important sentences in any event, when they have broad vocabularies. May rehash words or expressions they hear. May rehash activities and once more. May utilize communication via gestures while talking. Could conceivably learn language for correspondence. Powerlessness to clarify their necessities, sentiments and feelings. Powerlessness to decipher discussion, voice, outward appearances, non-verbal communication. Powerlessness to have eye to eye connection when somebody is talking. As babies, they may not grin or show any expectant stance for being gotten as a grown-up approaches. Trouble in learning social abilities or interfacing with individuals. May not want to make companions and rather plays alone. Maintains a strategic

distance from eye to eye connection .Powerlessness to get sentiments or feelings of others around them, because of which they may not respond with fitting reaction. Inconvenience adapting to routine changes May react contrastingly to the manner in which things smell, taste, look, feel, or sound. Difficulty in following instructions or directions. Shows unusual attachment to toys, objects, unusual interest in specific activities, obsessed about a specific activity.

Activities and play are generally rigid, repetitive, and monotonous. Not afraid of real danger, but fearful of harmless objects. Sudden mood changes: bursts of laughing or crying without obvious reason. Hyperkinesis (excessive abnormal movements due to increase in muscular activity) is a common behaviour problem in a child with autism, and it may alternate with hyperactivity. Aggression and temper tantrum are observed, prompted mostly by change and demands. Short attention span, poor ability to focus on a task. Feeding and eating problems. A differential determination is directed to preclude the presence of some different issues, including: Schizophrenia with youth beginning. Inherent deafness, extreme hearing issue. Serious mental impediment. The prime distinction among chemical imbalance and mental hindrance is that kids who are intellectually hindered typically identify with grown-ups with their psychological age and utilize the language they do need to speak with others. Psychosocial hardship may make youngsters seem passionless, pulled back and distanced. A kid with chemical imbalance has their own qualities and abilities. Guardians and instructors need to concentrate on these positive viewpoints and urge the kid to take advantage of it. These kids need a lot of special attention and care.

ADDRESS FOR CORRESPONDENCE:

Dr. Humera Nazneen, Nizam College, Osmania University, Hyderabad, Telangana, India, E-mail: humera33@gmail.com, Tel: +91-8978223380

Submitted: August 20, 2020; **Accepted:** August 26, 2020;

Published: August 31, 2020